



PSYCH MATTERS

PROVIDER REFERRAL OVERVIEW

Psychiatric Care for Children, Adolescents & Adults in

We partner with referring clinicians to provide timely psychiatric care with a team experienced in complex mood, anxiety, attention, and trauma-related presentations.

CLINICAL SERVICES ♦

Services are offered via telehealth throughout New York City & Texas or in person at our conveniently located offices.

Psychiatric Evaluation

Diagnostic assessment and medication management for mood, anxiety, ADHD, and sleep disorders.

Individual Psychotherapy

CBT, psychodynamic, and supportive therapy delivered by licensed clinicians.

Couples & Family Therapy

Relational and systems-based treatment for partners and families.

Medication Alternatives Available

Neurofeedback (NFB) & BrainView
Alternatives or complements to medication for focus, regulation, and personalized care.

CLINICAL SPECIALIZATIONS ♦

- Anxiety & Panic Disorders
- Depressive & Mood Disorders
- ADHD & Executive Functioning
- Trauma & Stress-Related Disorders
- Sleep & Insomnia Disorders
- Obsessive-Compulsive & Related Disorders

HOW TO REFER A PATIENT ♦

I.

Send or share patient information

Send us the patient's contact information, and we'll reach out the same day
or

Share our information with the patient, so they can contact us directly

II.

We schedule intake

Our coordinator reaches out to the patient within one business day to arrange an initial evaluation.

III.

Closed-loop confirmation

With patient consent, you receive confirmation once the patient is seen and care is underway.

In-network with Medicare and Medicaid and most major insurance plans · Telehealth & In-person

REFERRALS

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LEARN MORE